

Montgomery County Public Schools  
Family Life Curriculum  
Opt-out – Grade 8

Each year, Montgomery County Public Schools provides instruction in Family Life Instruction for students in grades 3-10. The standards and regulations for the program are written by the Virginia Department of Education. Lesson guides are available for your inspection.

Instruction in family life education occurs during health classes. All parents/guardians have the choice of allowing their children to remain in the family life education classes or exercising their right to opt their children out of all or part of this instruction.

Please return the bottom portion of this notice to the school **ONLY IF YOU WISH TO OPT-OUT YOUR CHILD** of some or the entire family life program.

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I **DO NOT** wish for my child \_\_\_\_\_, to participate in family life instruction as indicated below:

\_\_\_\_\_ **8.1 The student will relate stages of human development to his or her own developmental level.**

\_\_\_\_\_ **8.10 The student will analyze the issues related to teenage pregnancy.**

\_\_\_\_\_ **8.11 The student will review facts about pregnancy prevention and disease control.**

\_\_\_\_\_ **8.14 The student will recall the ways in which the HIV virus is transmitted and prevented.**

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of your child's teacher

\_\_\_\_\_  
Grade